

WHEN TO WASH YOUR HANDS

Staff and Children



ALL STAFF AND VOLUNTEERS SHOULD WASH THEIR HANDS:

On arrival for the day, after breaks, or when moving from one child care group to another



Before and after:

- Preparing food or beverages
- Diapering a child
- Eating, handling food, or feeding a child
- Giving medication or applying a medical ointment or cream
- Playing with children in water that is used by more than one person



After:

- Using the toilet or helping a child use a toilet
- Handling bodily fluid (mucus, blood, vomit)
- Handling animals or cleaning up animal waste
- Playing, with children, in sand, wooden play sets, or outdoors
- Cleaning or handling the garbage.
- Applying sunscreen and/or insect repellent
- Between each instance of helping with tooth brushing

ALL CHILDREN SHOULD WASH THEIR HANDS:

- When arriving for the day
- Before and after eating or being fed
- Before and after playing in water that is used by more than one person
- After being diapered or helped with changing soiled clothes

- After using the toilet
- After sneezing, wiping and blowing noses
- After handling animals
- After playing in sand
- After play with wooden play sets
- After playing outdoors

