

DIAPERING



SUPPLIES

Non-porous changing table paper



Baby wipes (remove from container)



Disposable gloves (if used)



New diaper and clean clothes



Plastic bag for soiled clothes



Diaper cream (if needed)



Caregivers/teachers should never leave a child unattended on a table or counter top. A safety strap or harness should not be used on the diaper changing surface.

STEPS

1. Before bringing the child to the diaper changing area, perform hand hygiene and gather all supplies. Place them near, but not on, the diapering surface to minimize contamination.
 - If diaper cream is needed, put some on a facial tissue or clean glove when gathering supplies, as to not contaminate the diaper cream container during the diaper change.
2. Put gloves on (recommended) before handling soiled clothing or diapers. Bring the child to the changing table, keeping soiled clothing away from you.
3. Remove clothing as needed to access the diaper.
 - Place soiled clothes in plastic bag.
 - Open the diaper, leaving diaper under the child's bottom while cleaning.
 - Clean the child's diaper area by wiping from front to back.
 - Use a fresh wipe, for each swipe.
4. Dispose of the soiled diaper and wipes in a lined, hands-free, covered can that is within reach.
 - If changing paper is soiled, fold over to make a clean surface.
 - If gloves were used, remove them using the proper technique, before handling clean diapers and clothing.
 - Use a fresh wipe to wipe your hands and another for the child's hands.
5. Put on a new diaper and dress the child.
 - If diaper cream is needed, use clean glove or tissue to apply diaper cream, then dispose of properly.
6. Wash the child's hands and return the child to a supervised area.
7. Clean and disinfect the diaper-changing surface.
 - Dispose of the paper liner (if used) in a plastic-lined, hands-free, covered can.
 - If clothing was soiled, securely tie the plastic bag used to store the clothing and send the bag home.
 - Clean diaper changing surface with soap and water solution, rinse and dry.
 - Thoroughly cover changing surface with EPA-approved disinfecting solution following manufacturer's instructions for use.
8. Perform hand hygiene and then document the diaper change, diaper contents, and/or any additional notes.

For High Quality guidelines, please visit the [ERSI website](#)



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RUTGERS

School of Social Work
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