

A step-by-step guide to:
HAND WASHING

PREP

Liquid soap, single-use disposable paper, cloth towels or hand dryer and step trash can. *Antibacterial soap, fragrant soap, bar soap, and pre-moistened wipes are not recommended for hand washing.*



STEP 1

Wet hands with clean, running water at a comfortable temperature. Turn off faucet and apply liquid soap.



STEP 2

Rub hands together, lathering all surfaces of hands, for at least 20 seconds.



Tip: Teach children to sing the 'Happy Birthday' song twice to help monitor time.



STEP 3

Rinse hands under clean, running water until they are free of soap and dirt.



STEP 4

Dry hands with a clean disposable paper towel or a one-time use cloth towel, or dry thoroughly with an air dryer.



STEP 5

Use a paper towel or single-use cloth to turn off faucet (optional). Have a step trash can available for disposal paper towels.

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